News Release

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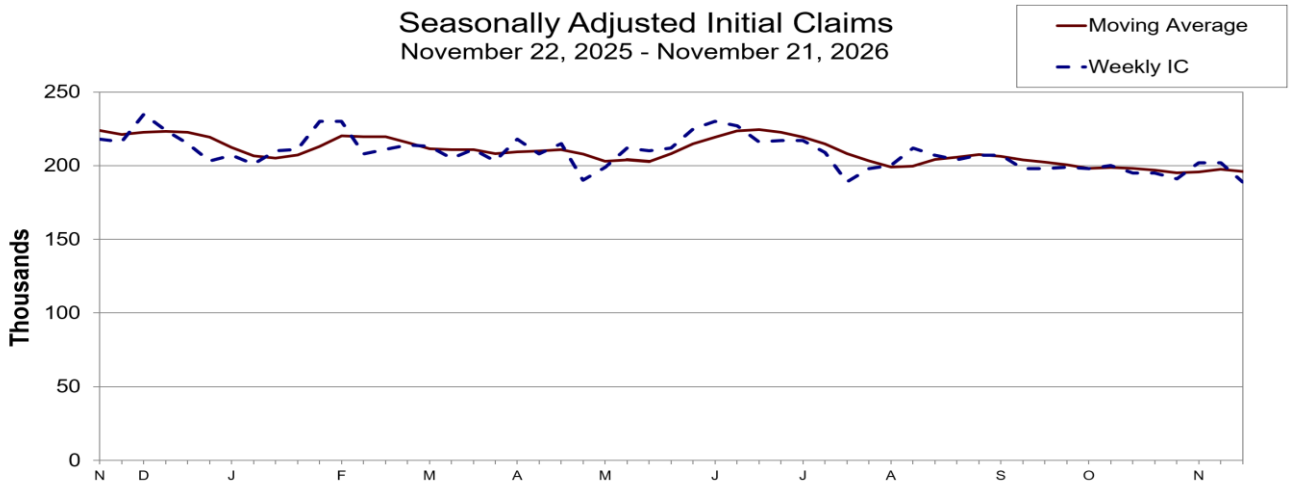
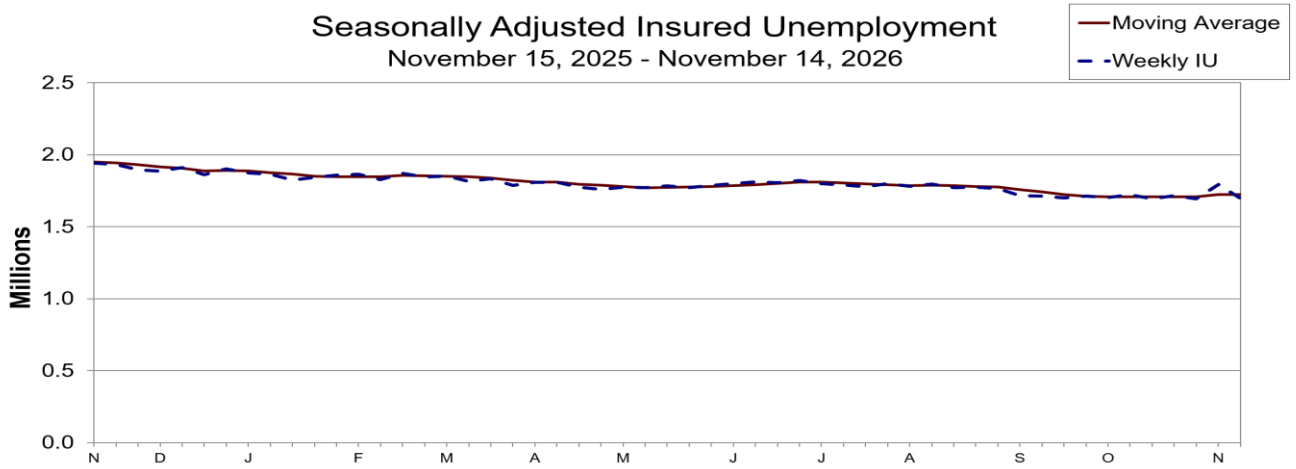
UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

In the week ending November 21, the advance figure for seasonally adjusted **initial claims** was 189,000, a decrease of 13,000 from the previous week's revised level. The previous week's level was revised down by 1,000 from 203,000 to 202,000. The 4-week moving average was 196,000, a decrease of 1,500 from the previous week's revised average. The previous week's average was revised down by 250 from 197,750 to 197,500.

The advance seasonally adjusted **insured unemployment rate** was 1.1 percent for the week ending November 14, a decrease of 0.1 percentage point from the previous week's revised rate. The previous week's rate was revised up by 0.1 from 1.1 to 1.2 percent. The advance number for seasonally adjusted **insured unemployment** during the week ending November 14 was 1,697,000, a decrease of 95,000 from the previous week's revised level. The previous week's level was revised up 29,000 from 1,763,000 to 1,792,000. The 4-week moving average was 1,724,750, an increase of 500 from the previous week's revised average. The previous week's average was revised up by 7,250 from 1,717,000 to 1,724,250.

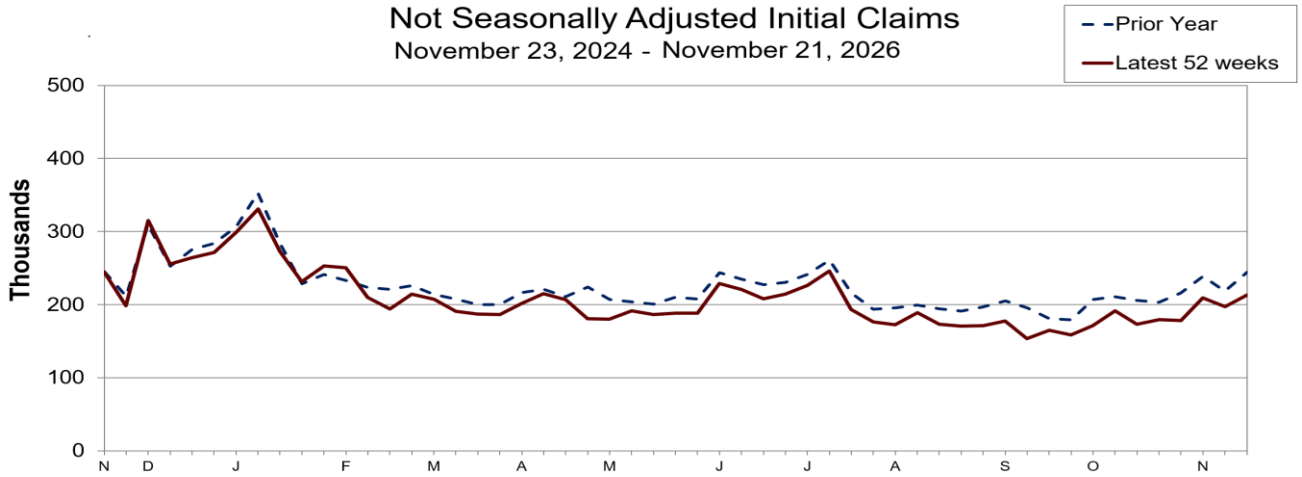


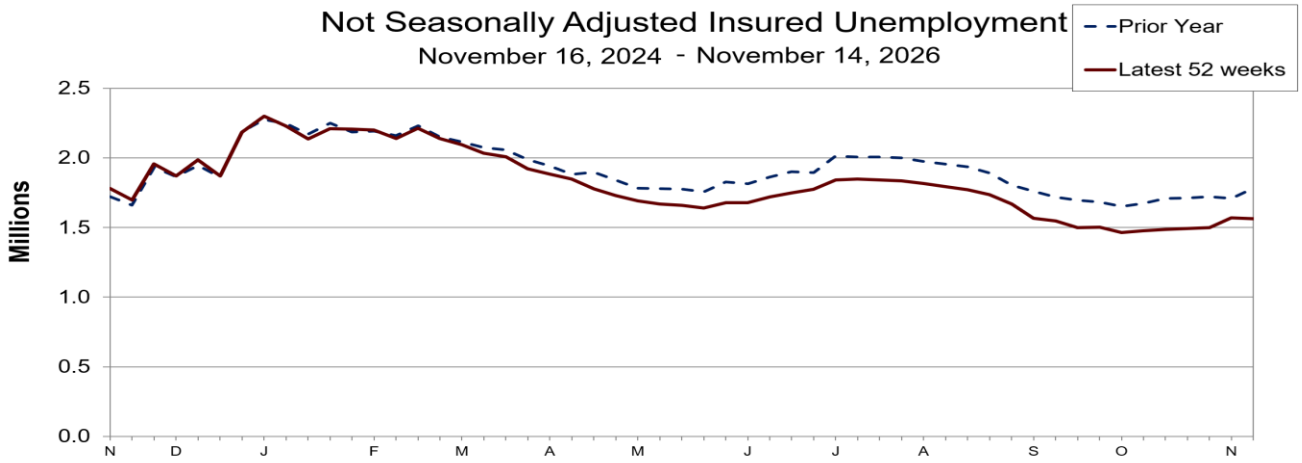


UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 212,945 in the week ending November 21, an increase of 15,894 (or 8.1 percent) from the previous week. The seasonal factors had expected an increase of 30,549 (or 15.5 percent) from the previous week. There were 244,713 initial claims in the comparable week in 2025.

The advance unadjusted insured unemployment rate was 1.0 percent during the week ending November 14, unchanged from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 1,562,814, a decrease of 5,578 (or -0.4 percent) from the preceding week. The seasonal factors had expected an increase of 82,453 (or 5.3 percent) from the previous week. A year earlier the rate was 1.2 percent and the volume was 1,781,543.





The total number of continued weeks claimed for benefits in all programs for the week ending November 7 was 1,593,243, an increase of 68,593 from the previous week. There were 1,765,719 weekly claims filed for benefits in all programs in the comparable week in 2025.

No state was triggered "on" the Extended Benefits program during the week ending November 7.

Initial claims for UI benefits filed by former Federal civilian employees totaled 554 in the week ending November 14, a decrease of 178 from the prior week. There were 379 initial claims filed by newly discharged veterans, a decrease of 77 from the preceding week.

There were 5,350 continued weeks claimed filed by former Federal civilian employees the week ending November 7, a decrease of 55 from the previous week. Newly discharged veterans claiming benefits totaled 4,876, an increase of 14 from the prior week.

The highest insured unemployment rates in the week ending November 7 were in New Jersey (2.1), Washington (2.0), Massachusetts (1.8), California (1.7), Michigan (1.6), Nevada (1.6), Oregon (1.6), Puerto Rico (1.6), Rhode Island (1.6), and Alaska (1.5).

The largest increases in initial claims for the week ending November 14 were in Michigan (+6,036), Wisconsin (+210), Kentucky (+106), Minnesota (+101), and Oklahoma (+87), while the largest decreases were in Missouri (-3,286), New Jersey (-2,717), Texas (-2,069), California (-1,787), and North Carolina (-1,357).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	November 21	November 14	Change	November 7	Prior Year[1]
Initial Claims (SA)	189,000	202,000	-13,000	202,000	218,000
Initial Claims (NSA)	212,945	197,051	+15,894	209,433	244,713
4-Wk Moving Average (SA)	196,000	197,500	-1,500	195,750	224,000

WEEK ENDING	November 14	November 7	Change	October 31	Prior Year[1]
Insured Unemployment (SA)	1,697,000	1,792,000	-95,000	1,693,000	1,943,000
Insured Unemployment (NSA)	1,562,814	1,568,392	-5,578	1,499,749	1,781,543
4-Wk Moving Average (SA)	1,724,750	1,724,250	+500	1,706,750	1,950,000
Insured Unemployment Rate (SA)[2]	1.1%	1.2%	-0.1	1.1%	1.3%
Insured Unemployment Rate (NSA)[2]	1.0%	1.0%	0.0	1.0%	1.2%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	November 14	November 7	Change	Prior Year[1]
Federal Employees (UCFE)	554	732	-178	1,724
Newly Discharged Veterans (UCX)	379	456	-77	320

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	November 7	October 31	Change	Prior Year[1]
Regular State	1,563,486	1,494,837	+68,649	1,702,412
Federal Employees	5,350	5,405	-55	33,085
Newly Discharged Veterans	4,876	4,862	+14	4,624
Extended Benefits[3]	16	10	+6	22
State Additional Benefits[4]	3,589	3,665	-76	2,759
STC / Workshare [5]	15,926	15,871	+55	22,817
TOTAL	1,593,243	1,524,650	+68,593	1,765,719

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 153,911,765 as denominator.
3. Information on the EB program can be found here: EB Program information
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: Extensions and Special Programs PDF
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: Extensions and Special Programs PDF

Advance State Claims - Not Seasonally Adjusted

	Initial Claims Filed During Week Ended November 21			Insured Unemployment For Week Ended November 14		
STATE	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,494	1,547	-53	6,235	7,030	-795
Alaska	899	596	303	4,828	4,624	204
Arizona	2,118	2,245	-127	14,927	18,791	-3,864
Arkansas*	1,221	842	379	4,976	4,800	176
California	49,006	42,987	6,019	331,595	305,629	25,966
Colorado	3,961	3,310	651	33,177	31,708	1,469
Connecticut	2,961	2,357	604	20,458	21,255	-797
Delaware	564	551	13	4,657	5,004	-347
District of Columbia	613	571	42	6,405	6,586	-181
Florida	4,813	4,913	-100	25,366	40,369	-15,003
Georgia	3,351	3,792	-441	21,045	26,501	-5,456
Hawaii	1,089	1,245	-156	6,861	6,731	130
Idaho	1,439	996	443	4,766	4,862	-96
Illinois	10,360	8,401	1,959	81,279	77,238	4,041
Indiana	2,299	2,234	65	16,870	17,061	-191
Iowa	1,596	1,419	177	5,796	6,600	-804
Kansas	1,104	1,147	-43	7,230	6,331	899
Kentucky	1,572	1,577	-5	8,575	7,745	830
Louisiana	1,096	1,143	-47	4,017	5,023	-1,006
Maine	851	884	-33	5,569	5,097	472
Maryland	1,955	2,157	-202	20,619	20,370	249
Massachusetts	5,596	5,135	461	64,426	63,835	591
Michigan	8,318	8,414	-96	46,315	69,232	-22,917
Minnesota	6,338	6,445	-107	40,885	37,636	3,249
Mississippi	623	731	-108	4,441	5,422	-981
Missouri	2,503	2,331	172	14,509	14,723	-214
Montana	1,159	799	360	6,026	5,621	405
Nebraska	649	554	95	3,814	3,977	-163
Nevada	3,507	3,123	384	24,397	24,041	356
New Hampshire	307	397	-90	2,764	3,259	-495
New Jersey	9,049	9,771	-722	90,096	89,114	982
New Mexico	823	731	92	8,977	8,803	174
New York**	14,059	14,130	-71	132,204	138,959	-6,755
North Carolina	3,447	1,916	1,531	16,046	20,804	-4,758
North Dakota	602	466	136	2,131	1,763	368
Ohio	5,855	5,343	512	37,185	37,316	-131
Oklahoma	1,306	1,208	98	8,753	8,974	-221
Oregon	6,156	4,977	1,179	34,562	31,610	2,952
Pennsylvania	10,967	10,099	868	75,940	73,677	2,263
Puerto Rico	1,128	1,385	-257	14,160	15,192	-1,032
Rhode Island	1,018	701	317	7,917	7,805	112
South Carolina	1,865	1,810	55	13,514	15,875	-2,361
South Dakota	295	238	57	1,240	1,216	24
Tennessee	2,711	2,376	335	12,387	12,314	73
Texas	14,196	14,047	149	128,692	123,821	4,871
Utah	2,109	1,656	453	11,405	11,020	385
Vermont	464	497	-33	2,650	2,301	349
Virgin Islands	8	21	-13	410	386	24
Virginia	2,242	1,959	283	20,216	18,482	1,734
Washington	7,054	6,616	438	77,071	69,446	7,625
West Virginia	712	678	34	5,654	4,981	673
Wisconsin	3,183	3,162	21	16,680	15,755	925
Wyoming	334	421	-87	2,096	1,677	419
US Total	212,945	197,051	15,894	1,562,814	1,568,392	-5,578

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

*Denotes OUI estimate.
**Denotes state estimate.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Initial Claims	Change from Prior Week	4-Week Average	Insured Unemployment	Change from Prior Week	4-Week Average	IUR
November 15, 2025	222	-6	224.75	1,943	-6	1,950.00	1.3
November 22, 2025	218	-4	224.00	1,932	-11	1,942.50	1.3
November 29, 2025	216	-2	221.00	1,894	-38	1,929.50	1.2
December 6, 2025	235	19	222.75	1,887	-7	1,914.00	1.2
December 13, 2025	224	-11	223.25	1,910	23	1,905.75	1.2
December 20, 2025	215	-9	222.50	1,860	-50	1,887.75	1.2
December 27, 2025	203	-12	219.25	1,900	40	1,889.25	1.2
January 3, 2026	207	4	212.25	1,875	-25	1,886.25	1.2
January 10, 2026	201	-6	206.50	1,865	-10	1,875.00	1.2
January 17, 2026	210	9	205.25	1,823	-42	1,865.75	1.2
January 24, 2026	211	1	207.25	1,842	19	1,851.25	1.2
January 31, 2026	230	19	213.00	1,859	17	1,847.25	1.2
February 7, 2026	230	0	220.25	1,865	6	1,847.25	1.2
February 14, 2026	208	-22	219.75	1,827	-38	1,848.25	1.2
February 21, 2026	211	3	219.75	1,871	44	1,855.50	1.2
February 28, 2026	214	3	215.75	1,847	-24	1,852.50	1.2
March 7, 2026	213	-1	211.50	1,851	4	1,849.00	1.2
March 14, 2026	205	-8	210.75	1,816	-35	1,846.25	1.2
March 21, 2026	211	6	210.75	1,832	16	1,836.50	1.2
March 28, 2026	203	-8	208.00	1,787	-45	1,821.50	1.2
April 4, 2026	218	15	209.25	1,809	22	1,811.00	1.2
April 11, 2026	208	-10	210.00	1,808	-1	1,809.00	1.2
April 18, 2026	215	7	211.00	1,776	-32	1,795.00	1.2
April 25, 2026	190	-25	207.75	1,758	-18	1,787.75	1.1
May 2, 2026	199	9	203.00	1,776	18	1,779.50	1.2
May 9, 2026	212	13	204.00	1,771	-5	1,770.25	1.2
May 16, 2026	210	-2	202.75	1,785	14	1,772.50	1.2
May 23, 2026	212	2	208.25	1,771	-14	1,775.75	1.2
May 30, 2026	225	13	214.75	1,786	15	1,778.25	1.2
June 6, 2026	230	5	219.25	1,800	14	1,785.50	1.2
June 13, 2026	227	-3	223.50	1,812	12	1,792.25	1.2
June 20, 2026	216	-11	224.50	1,806	-6	1,801.00	1.2
June 27, 2026	217	1	222.50	1,821	15	1,809.75	1.2
July 4, 2026	217	0	219.25	1,798	-23	1,809.25	1.2
July 11, 2026	209	-8	214.75	1,789	-9	1,803.50	1.2
July 18, 2026	189	-20	208.00	1,777	-12	1,796.25	1.2
July 25, 2026	198	9	203.25	1,799	22	1,790.75	1.2
August 1, 2026	200	2	199.00	1,781	-18	1,786.50	1.2
August 8, 2026	212	12	199.75	1,796	15	1,788.25	1.2
August 15, 2026	207	-5	204.25	1,771	-25	1,786.75	1.2
August 22, 2026	204	-3	205.75	1,775	4	1,780.75	1.2
August 29, 2026	207	3	207.50	1,765	-10	1,776.75	1.1
September 5, 2026	207	0	206.25	1,717	-48	1,757.00	1.1
September 12, 2026	198	-9	204.00	1,712	-5	1,742.25	1.1
September 19, 2026	198	0	202.50	1,699	-13	1,723.25	1.1
September 26, 2026	199	1	200.50	1,714	15	1,710.50	1.1
October 3, 2026	198	-1	198.25	1,703	-11	1,707.00	1.1
October 10, 2026	200	2	198.75	1,722	19	1,709.50	1.1
October 17, 2026	195	-5	198.00	1,695	-27	1,708.50	1.1
October 24, 2026	195	0	197.00	1,717	22	1,709.25	1.1
October 31, 2026	191	-4	195.25	1,693	-24	1,706.75	1.1
November 7, 2026	202	11	195.75	1,792	99	1,724.25	1.2
November 14, 2026	202	0	197.50	1,697	-95	1,724.75	1.1
November 21, 2026	189	-13	196.00				

	INITIAL CLAIMS FILED DURING WEEK ENDED NOVEMBER 14					INSURED UNEMPLOYMENT FOR WEEK ENDED NOVEMBER 7						
		CHANGE FROM						CHANGE FROM				TOTAL
STATE NAME	STATE	LAST WEEK	YEAR AGO	UCFE [1]	UCX [1]	STATE	(%) [2]	LAST WEEK	YEAR AGO	UCFE [1]	UCX [1]	INSURED UNEMPLOYMENT
Alabama	1,547	-100	-423	2	4	7,030	0.3	429	-2,306	26	11	7,067
Alaska	596	-46	-92	3	0	4,624	1.5	382	-594	34	4	4,662
Arizona	2,245	-177	-173	10	3	18,791	0.6	329	-1,736	59	34	18,884
Arkansas	842	-386	-108	0	0	4,800	0.4	142	-1,123	16	4	4,820
California	42,987	-1,787	-2,502	103	101	305,629	1.7	-14,173	-17,825	700	1,213	307,542
Colorado	3,310	-564	-4	12	6	31,708	1.1	741	203	128	232	32,068
Connecticut	2,357	-152	-389	1	3	21,255	1.3	2,484	-7,515	38	31	21,324
Delaware	551	-20	-34	2	3	5,004	1.1	887	236	4	3	5,011
District of Columbia	571	-45	-267	15	4	6,586	1.2	162	-4,051	327	5	6,918
Florida	4,913	-449	-371	12	34	40,369	0.4	11,136	10,139	81	89	40,539
Georgia	3,792	-103	-660	18	11	26,501	0.6	4,360	265	112	91	26,704
Hawaii	1,245	-114	355	2	14	6,731	1.1	-140	1,143	40	32	6,803
Idaho	996	-43	-64	4	0	4,862	0.6	265	-828	51	8	4,921
Illinois	8,401	12	-1,475	8	4	77,238	1.3	1,493	-10,866	280	104	77,622
Indiana	2,234	-137	-361	2	5	17,061	0.5	513	-1,708	15	16	17,092
Iowa	1,419	-368	-263	1	1	6,600	0.4	361	-856	17	4	6,621
Kansas	1,147	38	-240	2	1	6,331	0.4	131	-1,124	33	24	6,388
Kentucky	1,577	106	-1,450	0	0	7,745	0.4	-802	-2,584	28	34	7,807
Louisiana	1,143	-69	-430	0	3	5,023	0.3	16	-2,835	24	11	5,058
Maine	884	-37	39	1	0	5,097	0.8	494	-204	26	10	5,133
Maryland	2,157	-75	-246	24	7	20,370	0.8	43	-7,451	231	71	20,672
Massachusetts	5,135	-863	-676	1	3	63,835	1.8	1,102	-4,210	124	109	64,068
Michigan	8,414	6,036	1,058	0	3	69,232	1.6	39,154	10,086	44	61	69,337
Minnesota	6,445	101	290	5	3	37,636	1.3	4,431	-2,286	67	58	37,761
Mississippi	731	-230	-313	2	0	5,422	0.5	3	-281	18	4	5,444
Missouri	2,331	-3,286	-182	2	2	14,723	0.5	-2,497	-5,380	67	13	14,803
Montana	799	-120	-145	43	1	5,621	1.1	529	-93	171	7	5,799
Nebraska	554	-71	-86	0	0	3,977	0.4	155	-567	6	7	3,990
Nevada	3,123	-302	135	8	1	24,041	1.6	443	-1,893	63	79	24,183
New Hampshire	397	-31	43	0	2	3,259	0.5	6	-545	3	2	3,264
New Jersey	9,771	-2,717	-828	15	10	89,114	2.1	3,999	-6,682	191	213	89,518
New Mexico	731	-236	-125	5	3	8,803	1.0	104	-1,413	121	37	8,961
New York*	14,130	-479	-1,576	19	14	138,959	1.4	-718	-13,159	254	258	139,471
North Carolina	1,916	-1,357	-1,410	3	3	20,804	0.4	4,179	1,365	67	61	20,932
North Dakota	466	35	50	1	0	1,763	0.4	228	-266	7	6	1,776
Ohio	5,343	59	-851	2	3	37,316	0.7	2,240	-5,225	67	65	37,448
Oklahoma	1,208	87	-113	9	4	8,974	0.5	47	-2,234	31	30	9,035
Oregon	4,977	24	151	68	0	31,610	1.6	594	-1,549	248	48	31,906
Pennsylvania	10,099	-281	-497	17	9	73,677	1.2	1,174	-10,570	275	103	74,055
Puerto Rico	1,385	-734	331	6	1	15,192	1.6	643	-1,353	89	35	15,316
Rhode Island	701	-64	-180	2	0	7,805	1.6	578	-467	19	16	7,840
South Carolina	1,810	-251	-312	4	4	15,875	0.7	2,264	1,619	43	58	15,976
South Dakota	238	-65	-56	3	0	1,216	0.3	97	-70	9	3	1,228
Tennessee	2,376	-97	-454	1	4	12,314	0.4	-142	-2,753	33	26	12,373
Texas	14,047	-2,069	-4,682	35	74	123,821	0.9	-2,988	-25,547	430	937	125,188
Utah	1,656	3	-140	23	3	11,020	0.6	211	-1,062	91	8	11,119
Vermont	497	15	79	0	0	2,301	0.8	124	-115	11	1	2,313
Virgin Islands	21	3	3	0	0	386	1.1	56	126	0	0	386
Virginia	1,959	-198	-462	8	10	18,482	0.5	-73	-336	159	119	18,760
Washington	6,616	-883	-690	35	15	69,446	2.0	2,059	-7,427	273	459	70,178
West Virginia	678	-7	-59	0	1	4,981	0.7	352	-808	26	12	5,019
Wisconsin	3,162	210	-307	3	2	15,755	0.5	941	-5,468	51	9	15,815
Wyoming	421	-98	-15	12	0	1,677	0.6	95	-363	22	1	1,700
Totals	197,051	-12,382	-21,177	554	379	1,568,392	1.0	68,643	-140,546	5,350	4,876	1,578,618

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

*Denotes state estimate.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED NOVEMBER 14, 2026

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
MI	+6,036	No comment.

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
MO	-3,286	Fewer layoffs in manufacturing, accommodation and food services, and retail trade industries.
NJ	-2,717	No comment.
TX	-2,069	No comment.
CA	-1,787	No comment.
NC	-1,357	Fewer layoffs in administrative and support and waste management and remediation services; professional, scientific, and technical services; and accommodations and food services industries.

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the official release page for the UI claims seasonal adjustment factors or contact BLS directly through the Local Area Unemployment Statistics web contact form.

Weekly Claims Archives
Weekly Claims Data

U.S. Department of Labor news materials are accessible at http://www.dol.gov. The Department's Reasonable Accommodation Resource Center converts Departmental information and documents into alternative formats, which include Braille and large print. For alternative format requests, please contact the Department at (202) 693-7828 (voice) or (800) 877-8339 (federal relay).

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