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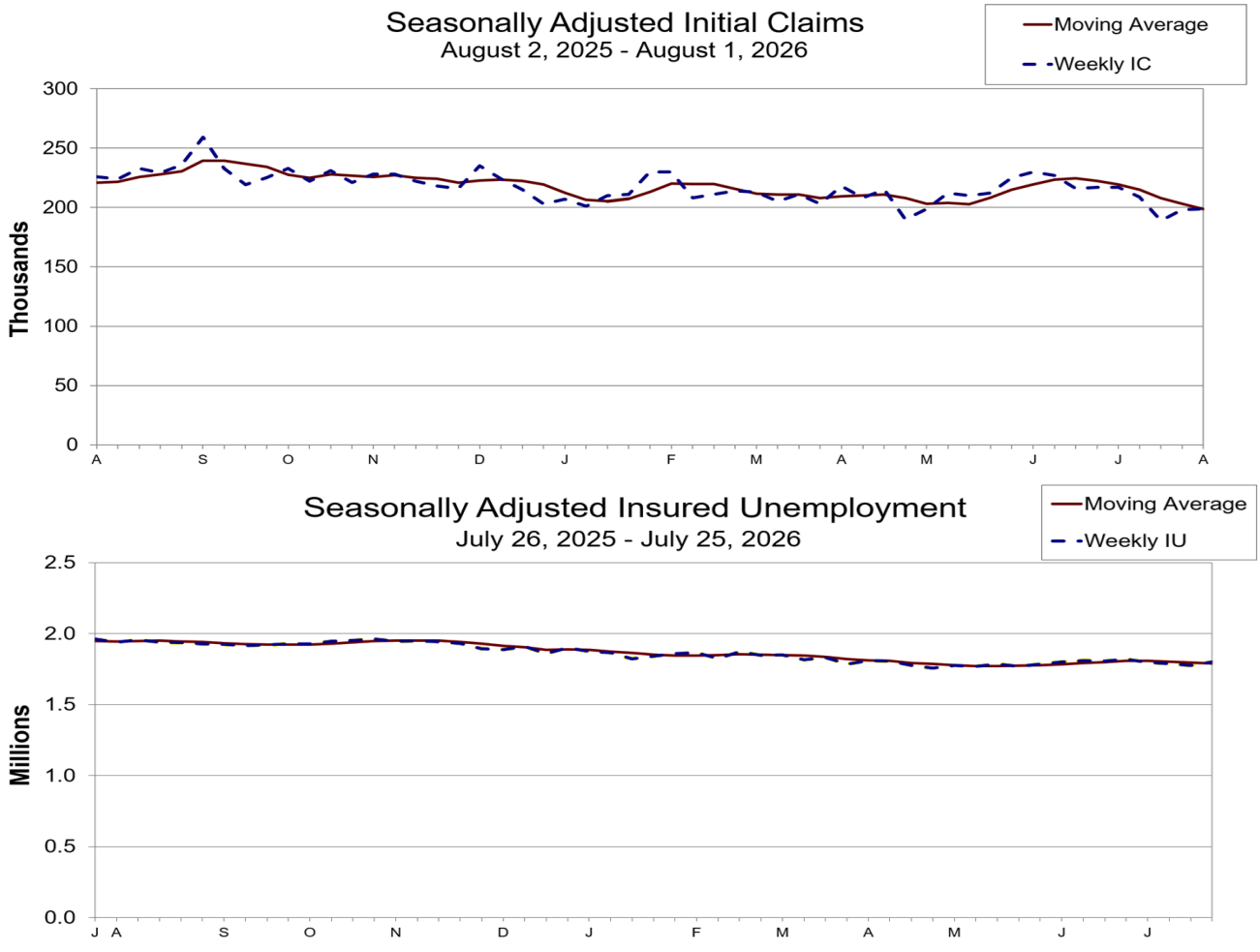
8:30 A.M. (Eastern) Thursday, August 6, 2026

UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

In the week ending August 1, the advance figure for seasonally adjusted **initial claims** was 199,000, an increase of 1,000 from the previous week's revised level. The previous week's level was revised up by 1,000 from 197,000 to 198,000. The 4-week moving average was 198,750, a decrease of 4,500 from the previous week's revised average. The previous week's average was revised up by 500 from 202,750 to 203,250.

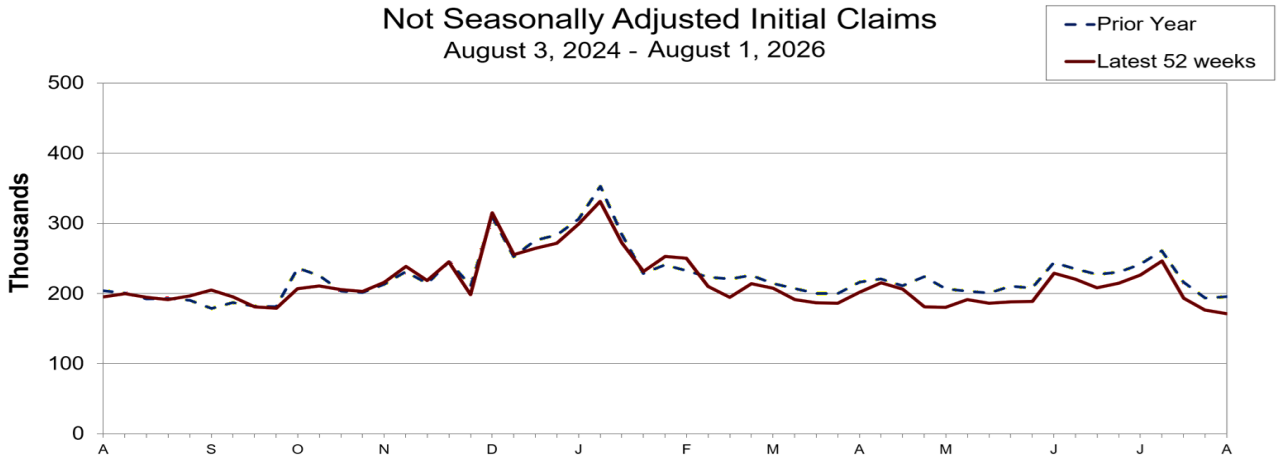
The advance seasonally adjusted **insured unemployment rate** was 1.2 percent for the week ending July 25, unchanged from the previous week's unrevised rate. The advance number for seasonally adjusted **insured unemployment** during the week ending July 25 was 1,801,000, an increase of 24,000 from the previous week's revised level. The previous week's level was revised down by 5,000 from 1,782,000 to 1,777,000. The 4-week moving average was 1,791,250, a decrease of 5,000 from the previous week's revised average. The previous week's average was revised down by 1,250 from 1,797,500 to 1,796,250.

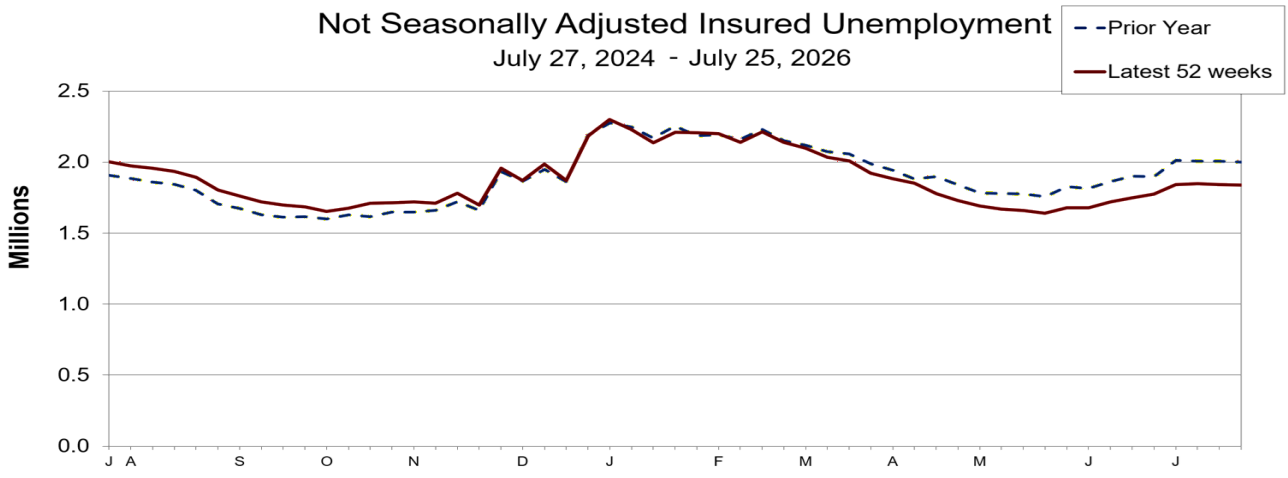


UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 171,246 in the week ending August 1, a decrease of 5,289 (or -3.0 percent) from the previous week. The seasonal factors had expected a decrease of 5,752 (or -3.3 percent) from the previous week. There were 195,492 initial claims in the comparable week in 2025.

The advance unadjusted insured unemployment rate was 1.2 percent during the week ending July 25, unchanged from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 1,837,481, a decrease of 5,066 (or -0.3 percent) from the preceding week. The seasonal factors had expected a decrease of 30,206 (or -1.6 percent) from the previous week. A year earlier the rate was 1.3 percent and the volume was 1,999,973.





The total number of continued weeks claimed for benefits in all programs for the week ending July 18 was 1,867,802, a decrease of 4,603 from the previous week. There were 2,036,224 weekly claims filed for benefits in all programs in the comparable week in 2025.

No state was triggered "on" the Extended Benefits program during the week ending July 18.

Initial claims for UI benefits filed by former Federal civilian employees totaled 450 in the week ending July 25, an increase of 32 from the prior week. There were 411 initial claims filed by newly discharged veterans, a decrease of 1 from the preceding week.

There were 6,180 continued weeks claimed filed by former Federal civilian employees the week ending July 18, a decrease of 329 from the previous week. Newly discharged veterans claiming benefits totaled 4,699, a decrease of 31 from the prior week.

The highest insured unemployment rates in the week ending July 18 were in New Jersey (2.6), Puerto Rico (2.6), Rhode Island (2.3), Massachusetts (2.1), Minnesota (2.1), Oregon (2.0), California (1.9), Washington (1.9), Connecticut (1.7), Nevada (1.7), New York (1.7), and Pennsylvania (1.7).

The largest increases in initial claims for the week ending July 25 were in Ohio (+629), Vermont (+347), Iowa (+111), Nevada (+64), and Maine (+49), while the largest decreases were in Michigan (-2,644), New York (-1,952), New Jersey (-1,377), Indiana (-1,340), and California (-1,313).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	August 1	July 25	Change	July 18	Prior Year[1]
Initial Claims (SA)	199,000	198,000	+1,000	189,000	226,000
Initial Claims (NSA)	171,246	176,535	-5,289	193,403	195,492
4-Wk Moving Average (SA)	198,750	203,250	-4,500	208,000	221,000

WEEK ENDING	July 25	July 18	Change	July 11	Prior Year[1]
Insured Unemployment (SA)	1,801,000	1,777,000	+24,000	1,789,000	1,963,000
Insured Unemployment (NSA)	1,837,481	1,842,547	-5,066	1,846,465	1,999,973
4-Wk Moving Average (SA)	1,791,250	1,796,250	-5,000	1,803,500	1,947,250
Insured Unemployment Rate (SA)[2]	1.2%	1.2%	0.0	1.2%	1.3%
Insured Unemployment Rate (NSA)[2]	1.2%	1.2%	0.0	1.2%	1.3%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	July 25	July 18	Change	Prior Year[1]
Federal Employees (UCFE)	450	418	+32	708
Newly Discharged Veterans (UCX)	411	412	-1	393

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	July 18	July 11	Change	Prior Year[1]
Regular State	1,837,653	1,841,580	-3,927	1,999,165
Federal Employees	6,180	6,509	-329	7,831
Newly Discharged Veterans	4,699	4,730	-31	4,637
Extended Benefits[3]	15	21	-6	10
State Additional Benefits[4]	2,969	3,081	-112	2,563
STC / Workshare [5]	16,286	16,484	-198	22,018
TOTAL	1,867,802	1,872,405	-4,603	2,036,224

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 153,732,307 as denominator.
3. Information on the EB program can be found here: EB Program information
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: Extensions and Special Programs PDF
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: Extensions and Special Programs PDF

Advance State Claims - Not Seasonally Adjusted

	Initial Claims Filed During Week Ended August 1			Insured Unemployment For Week Ended July 25		
STATE	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,479	1,624	-145	7,753	8,656	-903
Alaska	456	418	38	3,248	3,302	-54
Arizona	2,663	3,059	-396	23,266	25,755	-2,489
Arkansas	1,161	1,323	-162	5,814	6,274	-460
California	37,150	37,850	-700	353,096	344,965	8,131
Colorado	2,850	2,728	122	32,195	31,158	1,037
Connecticut	3,088	2,718	370	29,601	28,186	1,415
Delaware	482	506	-24	5,754	5,372	382
District of Columbia	630	636	-6	7,835	7,882	-47
Florida	5,365	6,003	-638	32,025	35,702	-3,677
Georgia	3,585	4,267	-682	24,852	26,971	-2,119
Hawaii	1,008	978	30	6,387	5,951	436
Idaho	600	593	7	4,671	5,023	-352
Illinois	6,367	7,047	-680	94,639	96,406	-1,767
Indiana	1,965	2,009	-44	18,142	18,701	-559
Iowa	1,533	1,396	137	7,908	8,356	-448
Kansas	1,027	999	28	8,165	7,692	473
Kentucky	1,535	1,589	-54	10,428	10,617	-189
Louisiana	1,359	1,511	-152	7,019	8,198	-1,179
Maine	358	410	-52	4,979	4,987	-8
Maryland	2,037	2,282	-245	25,578	25,313	265
Massachusetts	4,306	4,264	42	76,080	76,149	-69
Michigan	4,544	4,920	-376	50,859	56,296	-5,437
Minnesota	3,334	3,527	-193	61,397	59,802	1,595
Mississippi	753	930	-177	7,944	8,670	-726
Missouri	2,194	2,503	-309	19,944	20,418	-474
Montana	350	320	30	4,321	4,487	-166
Nebraska	552	529	23	5,921	6,043	-122
Nevada	2,533	2,637	-104	26,690	26,640	50
New Hampshire	301	345	-44	3,625	4,303	-678
New Jersey	8,377	7,992	385	111,099	111,761	-662
New Mexico	804	840	-36	10,264	10,087	177
New York	13,125	12,783	342	166,904	165,953	951
North Carolina	2,225	3,019	-794	18,902	20,079	-1,177
North Dakota	213	220	-7	2,346	2,466	-120
Ohio	4,331	5,061	-730	42,081	41,352	729
Oklahoma	1,062	1,149	-87	11,188	11,534	-346
Oregon	4,627	4,405	222	41,589	39,699	1,890
Pennsylvania	9,141	8,534	607	99,481	100,680	-1,199
Puerto Rico	1,223	1,315	-92	24,109	23,623	486
Rhode Island	640	749	-109	11,116	11,061	55
South Carolina	1,922	1,796	126	17,472	17,963	-491
South Dakota	175	176	-1	1,304	1,289	15
Tennessee	2,617	2,625	-8	18,199	18,845	-646
Texas	13,632	14,089	-457	152,884	156,543	-3,659
Utah	1,250	1,116	134	10,913	10,883	30
Vermont	330	657	-327	3,054	2,593	461
Virgin Islands	32	42	-10	402	316	86
Virginia	2,275	2,330	-55	22,537	20,325	2,212
Washington	4,472	4,559	-87	72,120	68,641	3,479
West Virginia	585	618	-33	6,698	6,133	565
Wisconsin	2,445	2,339	106	21,041	20,878	163
Wyoming	178	200	-22	1,642	1,568	74
US Total	171,246	176,535	-5,289	1,837,481	1,842,547	-5,066

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Initial Claims	Change from Prior Week	4-Week Average	Insured Unemployment	Change from Prior Week	4-Week Average	IUR
July 26, 2025	219	1	221.50	1,963	27	1,947.25	1.3
August 2, 2025	226	7	221.00	1,942	-21	1,945.50	1.3
August 9, 2025	224	-2	221.75	1,957	15	1,949.50	1.3
August 16, 2025	233	9	225.50	1,942	-15	1,951.00	1.3
August 23, 2025	229	-4	228.00	1,937	-5	1,944.50	1.3
August 30, 2025	236	7	230.50	1,927	-10	1,940.75	1.3
September 6, 2025	259	23	239.25	1,925	-2	1,932.75	1.3
September 13, 2025	233	-26	239.25	1,916	-9	1,926.25	1.3
September 20, 2025	219	-14	236.75	1,921	5	1,922.25	1.3
September 27, 2025	225	6	234.00	1,929	8	1,922.75	1.3
October 4, 2025	233	8	227.50	1,928	-1	1,923.50	1.3
October 11, 2025	222	-11	224.75	1,947	19	1,931.25	1.3
October 18, 2025	231	9	227.75	1,953	6	1,939.25	1.3
October 25, 2025	221	-10	226.75	1,962	9	1,947.50	1.3
November 1, 2025	228	7	225.50	1,946	-16	1,952.00	1.3
November 8, 2025	228	0	227.00	1,949	3	1,952.50	1.3
November 15, 2025	222	-6	224.75	1,943	-6	1,950.00	1.3
November 22, 2025	218	-4	224.00	1,932	-11	1,942.50	1.3
November 29, 2025	216	-2	221.00	1,894	-38	1,929.50	1.2
December 6, 2025	235	19	222.75	1,887	-7	1,914.00	1.2
December 13, 2025	224	-11	223.25	1,910	23	1,905.75	1.2
December 20, 2025	215	-9	222.50	1,860	-50	1,887.75	1.2
December 27, 2025	203	-12	219.25	1,900	40	1,889.25	1.2
January 3, 2026	207	4	212.25	1,875	-25	1,886.25	1.2
January 10, 2026	201	-6	206.50	1,865	-10	1,875.00	1.2
January 17, 2026	210	9	205.25	1,823	-42	1,865.75	1.2
January 24, 2026	211	1	207.25	1,842	19	1,851.25	1.2
January 31, 2026	230	19	213.00	1,859	17	1,847.25	1.2
February 7, 2026	230	0	220.25	1,865	6	1,847.25	1.2
February 14, 2026	208	-22	219.75	1,827	-38	1,848.25	1.2
February 21, 2026	211	3	219.75	1,871	44	1,855.50	1.2
February 28, 2026	214	3	215.75	1,847	-24	1,852.50	1.2
March 7, 2026	213	-1	211.50	1,851	4	1,849.00	1.2
March 14, 2026	205	-8	210.75	1,816	-35	1,846.25	1.2
March 21, 2026	211	6	210.75	1,832	16	1,836.50	1.2
March 28, 2026	203	-8	208.00	1,787	-45	1,821.50	1.2
April 4, 2026	218	15	209.25	1,809	22	1,811.00	1.2
April 11, 2026	208	-10	210.00	1,808	-1	1,809.00	1.2
April 18, 2026	215	7	211.00	1,776	-32	1,795.00	1.2
April 25, 2026	190	-25	207.75	1,758	-18	1,787.75	1.1
May 2, 2026	199	9	203.00	1,776	18	1,779.50	1.2
May 9, 2026	212	13	204.00	1,771	-5	1,770.25	1.2
May 16, 2026	210	-2	202.75	1,785	14	1,772.50	1.2
May 23, 2026	212	2	208.25	1,771	-14	1,775.75	1.2
May 30, 2026	225	13	214.75	1,786	15	1,778.25	1.2
June 6, 2026	230	5	219.25	1,800	14	1,785.50	1.2
June 13, 2026	227	-3	223.50	1,812	12	1,792.25	1.2
June 20, 2026	216	-11	224.50	1,806	-6	1,801.00	1.2
June 27, 2026	217	1	222.50	1,821	15	1,809.75	1.2
July 4, 2026	217	0	219.25	1,798	-23	1,809.25	1.2
July 11, 2026	209	-8	214.75	1,789	-9	1,803.50	1.2
July 18, 2026	189	-20	208.00	1,777	-12	1,796.25	1.2
July 25, 2026	198	9	203.25	1,801	24	1,791.25	1.2
August 1, 2026	199	1	198.75				

	INITIAL CLAIMS FILED DURING WEEK ENDED JULY 25					INSURED UNEMPLOYMENT FOR WEEK ENDED JULY 18						
		CHANGE FROM						CHANGE FROM				TOTAL
STATE NAME	STATE	LAST WEEK	YEAR AGO	UCFE [1]	UCX [1]	STATE	(%) [2]	LAST WEEK	YEAR AGO	UCFE [1]	UCX [1]	INSURED UNEMPLOYMENT
Alabama	1,624	-455	-398	7	2	8,656	0.4	-646	-1,648	26	21	8,703
Alaska	418	15	-6	1	0	3,302	1.0	78	-194	26	4	3,332
Arizona	3,059	-118	-455	9	3	25,755	0.8	492	-8,231	137	23	25,915
Arkansas	1,323	-185	67	1	0	6,274	0.5	-157	-2,256	3	5	6,282
California	37,850	-1,313	-2,738	87	107	344,965	1.9	2,218	-49,268	820	1,127	346,912
Colorado	2,728	-188	167	3	14	31,158	1.1	189	-112	100	202	31,460
Connecticut	2,718	-233	-131	3	2	28,186	1.7	-100	-1,915	52	25	28,263
Delaware	506	-31	263	1	2	5,372	1.1	-20	-485	6	3	5,381
District of Columbia	636	-50	-99	29	1	7,882	1.4	159	-3,917	515	6	8,403
Florida	6,003	-278	-344	19	28	35,702	0.4	3,339	-2,873	100	78	35,880
Georgia	4,267	-1,002	-564	24	18	26,971	0.6	-681	-1,990	176	96	27,243
Hawaii	978	45	111	3	10	5,951	1.0	-325	93	42	67	6,060
Idaho	593	-23	-213	0	1	5,023	0.6	-485	-585	12	8	5,043
Illinois	7,047	-271	-3,069	11	7	96,406	1.6	2,001	-8,862	301	136	96,843
Indiana	2,009	-1,340	-350	6	2	18,701	0.6	-2,297	-1,645	22	19	18,742
Iowa	1,396	111	-672	1	2	8,356	0.5	-226	-1,633	14	5	8,375
Kansas	999	-334	-595	0	1	7,692	0.5	94	-1,906	23	29	7,744
Kentucky	1,589	-573	-67	0	0	10,617	0.5	387	-1,630	56	36	10,709
Louisiana	1,511	-131	-403	1	3	8,198	0.4	260	-3,816	32	8	8,238
Maine	410	49	36	0	1	4,987	0.8	-190	-721	12	5	5,004
Maryland	2,282	45	-125	35	13	25,313	1.0	162	-4,409	342	83	25,738
Massachusetts	4,264	-773	113	2	4	76,149	2.1	-802	-235	166	89	76,404
Michigan	4,920	-2,644	-840	4	1	56,296	1.3	3,203	2,526	80	43	56,419
Minnesota	3,527	-300	-101	9	3	59,802	2.1	-1,385	-3,250	66	40	59,908
Mississippi	930	-128	-23	0	1	8,670	0.8	-237	-468	44	7	8,721
Missouri	2,503	-381	-12	2	1	20,418	0.7	-2,405	-1,543	58	14	20,490
Montana	320	-112	-40	3	0	4,487	0.9	-77	18	29	6	4,522
Nebraska	529	-2	-62	0	0	6,043	0.6	-116	-47	13	1	6,057
Nevada	2,637	64	-421	1	1	26,640	1.7	-158	670	43	83	26,766
New Hampshire	345	-46	-81	4	0	4,303	0.6	-85	-175	6	1	4,310
New Jersey	7,992	-1,377	-1,022	13	15	111,761	2.6	-461	-4,392	211	226	112,198
New Mexico	840	-52	74	3	3	10,087	1.2	-41	-819	107	25	10,219
New York	12,783	-1,952	-1,138	25	24	165,953	1.7	-2,474	449	334	233	166,520
North Carolina	3,019	-127	-240	3	1	20,079	0.4	-18	-2,861	75	90	20,244
North Dakota	220	-53	-44	5	1	2,466	0.6	55	-273	161	2	2,629
Ohio	5,061	629	-100	1	4	41,352	0.8	-2,504	-8,272	67	68	41,487
Oklahoma	1,149	-83	-278	5	6	11,534	0.7	-187	-604	43	38	11,615
Oregon	4,405	-430	329	7	1	39,699	2.0	-258	2,574	119	51	39,869
Pennsylvania	8,534	-1,187	-935	30	1	100,680	1.7	-413	-11,795	324	98	101,102
Puerto Rico	1,315	-503	-87	3	4	23,623	2.6	31	-1,118	178	30	23,831
Rhode Island	749	-84	-62	1	0	11,061	2.3	-317	-1,274	26	11	11,098
South Carolina	1,796	-726	-140	5	8	17,963	0.8	-457	381	54	33	18,050
South Dakota	176	15	8	9	0	1,289	0.3	10	-32	130	1	1,420
Tennessee	2,625	-145	-80	1	5	18,845	0.6	-980	-1,026	36	31	18,912
Texas	14,089	12	-1,829	41	75	156,543	1.1	3,356	-23,685	487	945	157,975
Utah	1,116	-23	-17	7	3	10,883	0.6	-131	-1,051	63	24	10,970
Vermont	657	347	185	0	0	2,593	0.9	30	-6	9	3	2,605
Virgin Islands	42	8	17	0	0	316	0.9	2	14	2	0	318
Virginia	2,330	-90	-160	10	10	20,325	0.5	47	-1,132	171	109	20,605
Washington	4,559	-93	-226	8	20	68,641	1.9	-477	-4,984	183	391	69,215
West Virginia	618	-84	-68	1	1	6,133	0.9	-278	-745	28	8	6,169
Wisconsin	2,339	-253	-352	3	0	20,878	0.7	-600	-2,118	41	11	20,930
Wyoming	200	-35	-38	3	1	1,568	0.6	-43	-99	9	1	1,578
Totals	176,535	-16,868	-17,255	450	411	1,842,547	1.2	-3,918	-163,375	6,180	4,699	1,853,426

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED July 25, 2026

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
None		

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
MI	-2,644	Fewer layoffs in manufacturing industry.
NY	-1,952	Fewer layoffs in transportation and warehousing, health care and social assistance, and accommodation and food services industries.
NJ	-1,377	No comment.
IN	-1,340	No comment.
CA	-1,313	No comment.
PA	-1,187	Fewer layoffs in administrative and support and waste management and remediation services, educational services, manufacturing, and accommodation and food services industries.
GA	-1,002	No comment.

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the official release page for the UI claims seasonal adjustment factors or contact BLS directly through the Local Area Unemployment Statistics web contact form.

Weekly Claims Archives
Weekly Claims Data

U.S. Department of Labor news materials are accessible at http://www.dol.gov. The Department's Reasonable Accommodation Resource Center converts Departmental information and documents into alternative formats, which include Braille and large print. For alternative format requests, please contact the Department at (202) 693-7828 (voice) or (800) 877-8339 (federal relay).

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