



News Release

Connect with DOL at <https://blog.dol.gov>



TRANSMISSION OF MATERIALS IN THIS RELEASE IS EMBARGOED UNTIL
8:30 A.M. (Eastern) Thursday, April 10, 2025

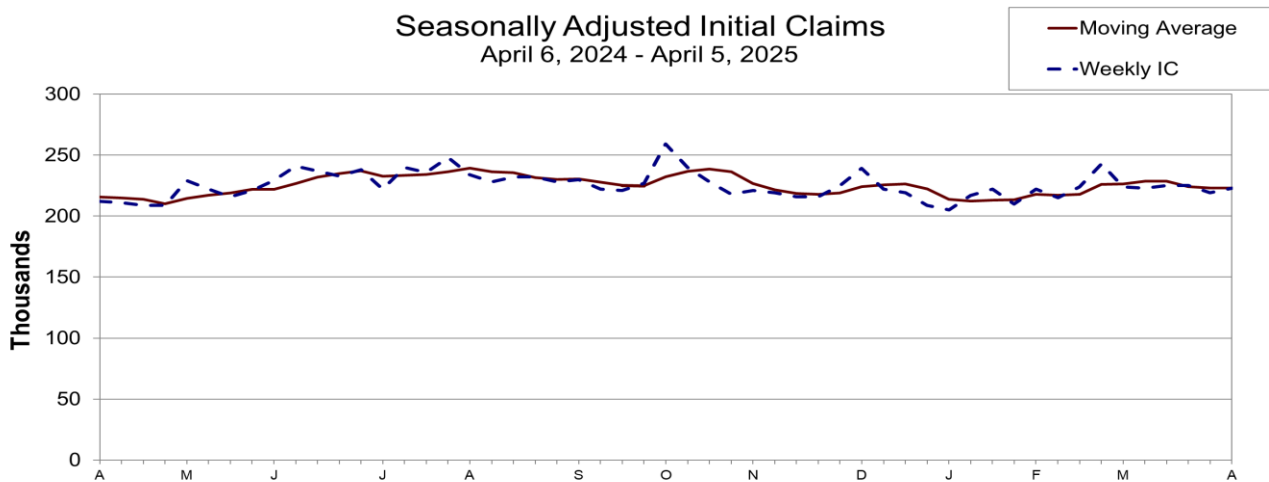
UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

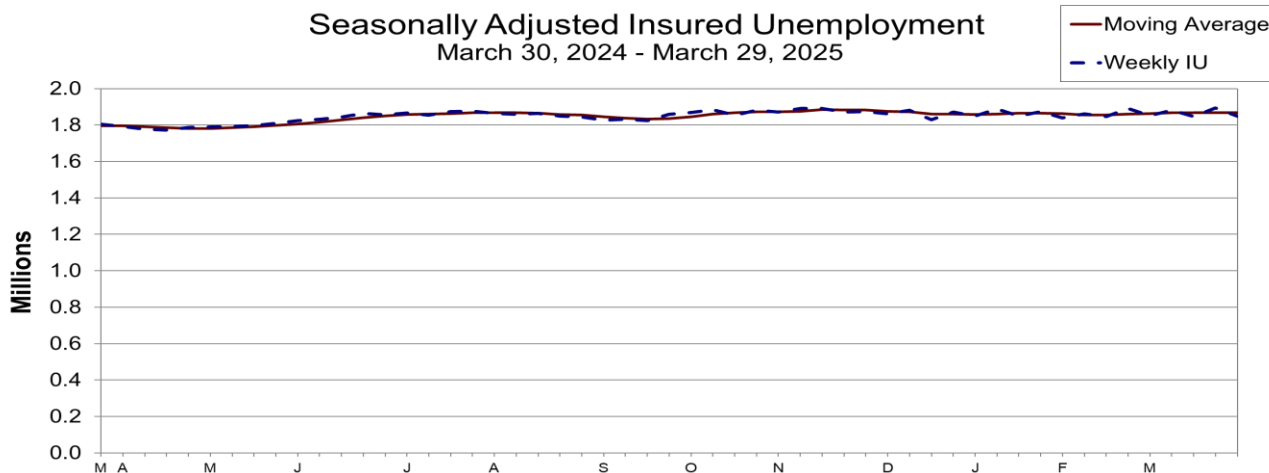
In the week ending April 5, the advance figure for seasonally adjusted **initial claims** was 223,000, an increase of 4,000 from the previous week's unrevised level of 219,000. The 4-week moving average was 223,000, unchanged from the previous week's unrevised average of 223,000.

The advance seasonally adjusted **insured unemployment rate** was 1.2 percent for the week ending March 29, unchanged from the previous week's revised rate. The previous week's rate was revised down by 0.1 from 1.3 to 1.2 percent. The advance number for seasonally adjusted **insured unemployment** during the week ending March 29 was 1,850,000, a decrease of 43,000 from the previous week's revised level. The previous week's level was revised down by 10,000 from 1,903,000 to 1,893,000. The 4-week moving average was 1,867,750, a decrease of 250 from the previous week's revised average. The previous week's average was revised down by 2,500 from 1,870,500 to 1,868,000.

Seasonally Adjusted Initial Claims
April 6, 2024 - April 5, 2025



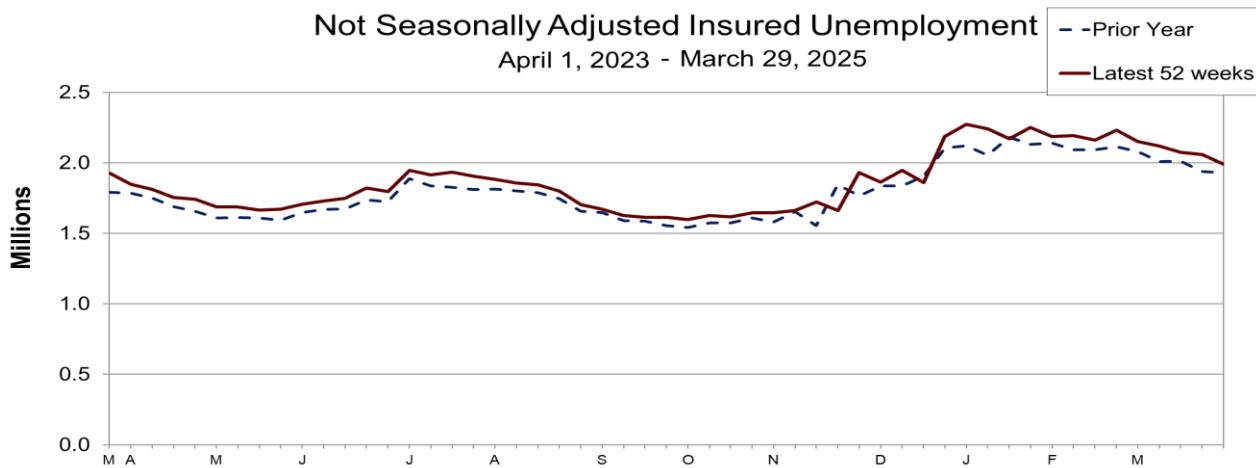
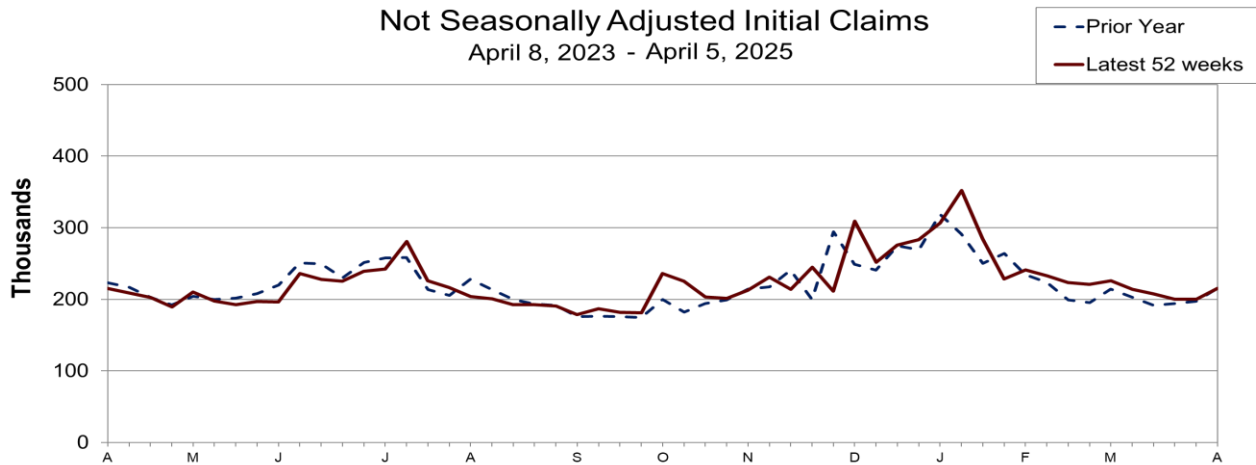
Seasonally Adjusted Insured Unemployment
March 30, 2024 - March 29, 2025



UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 215,392 in the week ending April 5, an increase of 15,307 (or 7.7 percent) from the previous week. The seasonal factors had expected an increase of 12,286 (or 6.1 percent) from the previous week. There were 215,265 initial claims in the comparable week in 2024.

The advance unadjusted insured unemployment rate was 1.3 percent during the week ending March 29, a decrease of 0.1 percentage point from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 1,992,126, a decrease of 67,924 (or -3.3 percent) from the preceding week. The seasonal factors had expected a decrease of 20,828 (or -1.0 percent) from the previous week. A year earlier the rate was 1.3 percent and the volume was 1,928,017.



The total number of continued weeks claimed for benefits in all programs for the week ending March 22 was 2,090,330, a decrease of 15,233 from the previous week. There were 1,965,560 weekly claims filed for benefits in all programs in the comparable week in 2024.

No state was triggered "on" the Extended Benefits program during the week ending March 22.

Initial claims for UI benefits filed by former Federal civilian employees totaled 508 in the week ending March 29, a decrease of 56 from the prior week. There were 384 initial claims filed by newly discharged veterans, a decrease of 3 from the preceding week.

There were 7,719 continued weeks claimed filed by former Federal civilian employees the week ending March 22, a decrease of 526 from the previous week. Newly discharged veterans claiming benefits totaled 4,371, a decrease of 105 from the prior week.

The highest insured unemployment rates in the week ending March 22 were in Rhode Island (2.7), New Jersey (2.6), California (2.4), Massachusetts (2.3), Minnesota (2.3), Washington (2.3), Illinois (2.1), District of Columbia (1.9), New York (1.9), and Montana (1.8).

The largest increases in initial claims for the week ending March 29 were in Kentucky (+2,810), Illinois (+1,286), Iowa (+937), Wisconsin (+742), and Ohio (+404), while the largest decreases were in Texas (-765), Pennsylvania (-755), Massachusetts (-603), Arizona (-519), and New Jersey (-436).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	April 5	March 29	Change	March 22	Prior Year¹
Initial Claims (SA)	223,000	219,000	+4,000	225,000	212,000
Initial Claims (NSA)	215,392	200,085	+15,307	199,900	215,265
4-Wk Moving Average (SA)	223,000	223,000	0	224,250	215,500

WEEK ENDING	March 29	March 22	Change	March 15	Prior Year¹
Insured Unemployment (SA)	1,850,000	1,893,000	-43,000	1,847,000	1,804,000
Insured Unemployment (NSA)	1,992,126	2,060,050	-67,924	2,074,108	1,928,017
4-Wk Moving Average (SA)	1,867,750	1,868,000	-250	1,867,750	1,796,000
Insured Unemployment Rate (SA) ²	1.2%	1.2%	0.0	1.2%	1.2%
Insured Unemployment Rate (NSA) ²	1.3%	1.4%	-0.1	1.4%	1.3%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	March 29	March 22	Change	Prior Year¹
Federal Employees (UCFE)	508	564	-56	322
Newly Discharged Veterans (UCX)	384	387	-3	369

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	March 22	March 15	Change	Prior Year¹
Regular State	2,053,689	2,067,504	-13,815	1,932,183
Federal Employees	7,719	8,245	-526	5,881
Newly Discharged Veterans	4,371	4,476	-105	4,331
Extended Benefits ³	116	64	+52	276
State Additional Benefits ⁴	3,026	3,000	+26	2,639
STC / Workshare ⁵	21,409	22,274	-865	20,250
TOTAL	2,090,330	2,105,563	-15,233	1,965,560

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 152,086,893 as denominator.
3. Information on the EB program can be found here: [EB Program information](#)
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: [Extensions and Special Programs PDF](#)
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: [Extensions and Special Programs PDF](#)

Advance State Claims - Not Seasonally Adjusted

STATE	Initial Claims Filed During Week Ended April 5			Insured Unemployment For Week Ended March 29		
	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,843	1,658	185	7,665	8,325	-660
Alaska	546	479	67	4,653	4,935	-282
Arizona	3,602	3,258	344	22,789	24,015	-1,226
Arkansas	1,264	1,512	-248	6,947	7,016	-69
California	47,241	41,226	6,015	415,111	430,176	-15,065
Colorado	3,402	2,544	858	32,384	31,977	407
Connecticut	2,444	2,298	146	28,126	29,115	-989
Delaware	220	220	0	5,480	5,249	231
District of Columbia	990	843	147	11,395	10,928	467
Florida	6,510	5,587	923	27,934	32,388	-4,454
Georgia	4,858	4,426	432	27,628	30,006	-2,378
Hawaii *	1,040	1,047	-7	5,402	5,431	-29
Idaho	1,012	1,011	1	7,519	8,944	-1,425
Illinois	10,646	10,240	406	118,667	122,313	-3,646
Indiana	2,489	2,485	4	23,601	24,235	-634
Iowa	1,898	3,049	-1,151	15,819	17,496	-1,677
Kansas	1,065	1,245	-180	10,066	10,965	-899
Kentucky	2,311	5,258	-2,947	12,480	12,173	307
Louisiana	1,415	1,448	-33	9,706	10,902	-1,196
Maine	678	616	62	8,900	8,840	60
Maryland	2,312	2,422	-110	25,397	25,414	-17
Massachusetts	4,834	4,276	558	80,250	81,961	-1,711
Michigan	5,608	5,029	579	66,406	74,221	-7,815
Minnesota	4,050	3,695	355	67,781	65,652	2,129
Mississippi	880	848	32	5,580	6,131	-551
Missouri	2,710	2,892	-182	17,458	19,499	-2,041
Montana	429	486	-57	8,045	8,832	-787
Nebraska	623	559	64	5,414	6,308	-894
Nevada	2,571	2,279	292	23,926	25,088	-1,162
New Hampshire	313	370	-57	3,702	4,118	-416
New Jersey	8,601	7,828	773	108,150	110,659	-2,509
New Mexico	896	857	39	10,754	10,846	-92
New York	14,139	15,121	-982	171,085	176,017	-4,932
North Carolina	3,503	3,189	314	24,282	25,142	-860
North Dakota	399	255	144	4,925	5,147	-222
Ohio	6,086	6,133	-47	58,374	59,936	-1,562
Oklahoma	1,605	1,199	406	9,760	10,293	-533
Oregon	6,825	5,041	1,784	38,021	33,552	4,469
Pennsylvania	9,288	8,583	705	96,062	100,748	-4,686
Puerto Rico	1,256	1,076	180	13,392	15,173	-1,781
Rhode Island	747	725	22	12,194	12,877	-683
South Carolina	1,952	1,771	181	13,383	14,009	-626
South Dakota	163	158	5	2,475	2,632	-157
Tennessee	5,483	2,807	2,676	15,377	15,629	-252
Texas	16,670	16,704	-34	145,825	159,597	-13,772
Utah	1,407	1,251	156	13,023	13,954	-931
Vermont	440	313	127	3,556	3,447	109
Virgin Islands	18	29	-11	282	232	50
Virginia	3,750	2,575	1,175	18,907	17,625	1,282
Washington	6,555	5,505	1,050	83,539	79,351	4,188
West Virginia	598	638	-40	7,678	7,595	83
Wisconsin	4,879	4,708	171	32,159	30,469	1,690
Wyoming	328	313	15	2,692	2,467	225
US Total	215,392	200,085	15,307	1,992,126	2,060,050	-67,924

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

*Denote OUI estimate.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Initial Claims	Change from		Insured Unemployment	Change from		IUR
		Prior Week	4-Week Average		Prior Week	4-Week Average	
March 30, 2024	223	9	215.75	1,804	16	1,796.00	1.2
April 6, 2024	212	-11	215.50	1,793	-11	1,796.75	1.2
April 13, 2024	211	-1	215.00	1,776	-17	1,790.25	1.2
April 20, 2024	209	-2	213.75	1,771	-5	1,786.00	1.2
April 27, 2024	209	0	210.25	1,786	15	1,781.50	1.2
May 4, 2024	229	20	214.50	1,790	4	1,780.75	1.2
May 11, 2024	222	-7	217.25	1,793	3	1,785.00	1.2
May 18, 2024	216	-6	219.00	1,798	5	1,791.75	1.2
May 25, 2024	221	5	222.00	1,810	12	1,797.75	1.2
June 1, 2024	229	8	222.00	1,825	15	1,806.50	1.2
June 8, 2024	241	12	226.75	1,832	7	1,816.25	1.2
June 15, 2024	237	-4	232.00	1,844	12	1,827.75	1.2
June 22, 2024	233	-4	235.00	1,864	20	1,841.25	1.2
June 29, 2024	238	5	237.25	1,856	-8	1,849.00	1.2
July 6, 2024	222	-16	232.50	1,866	10	1,857.50	1.2
July 13, 2024	240	18	233.25	1,853	-13	1,859.75	1.2
July 20, 2024	236	-4	234.00	1,874	21	1,862.25	1.2
July 27, 2024	248	12	236.50	1,876	2	1,867.25	1.2
August 3, 2024	234	-14	239.50	1,863	-13	1,866.50	1.2
August 10, 2024	228	-6	236.50	1,859	-4	1,868.00	1.2
August 17, 2024	232	4	235.50	1,864	5	1,865.50	1.2
August 24, 2024	232	0	231.50	1,849	-15	1,858.75	1.2
August 31, 2024	228	-4	230.00	1,845	-4	1,854.25	1.2
September 7, 2024	230	2	230.50	1,827	-18	1,846.25	1.2
September 14, 2024	222	-8	228.00	1,831	4	1,838.00	1.2
September 21, 2024	221	-1	225.25	1,825	-6	1,832.00	1.2
September 28, 2024	227	6	225.00	1,858	33	1,835.25	1.2
October 5, 2024	259	32	232.25	1,869	11	1,845.75	1.2
October 12, 2024	240	-19	236.75	1,884	15	1,859.00	1.2
October 19, 2024	228	-12	238.50	1,855	-29	1,866.50	1.2
October 26, 2024	218	-10	236.25	1,880	25	1,872.00	1.2
November 2, 2024	221	3	226.75	1,872	-8	1,872.75	1.2
November 9, 2024	219	-2	221.50	1,892	20	1,874.75	1.2
November 16, 2024	216	-3	218.50	1,892	0	1,884.00	1.2
November 23, 2024	216	0	218.00	1,871	-21	1,881.75	1.2
November 30, 2024	225	9	219.00	1,873	2	1,882.00	1.2
December 7, 2024	239	14	224.00	1,862	-11	1,874.50	1.2
December 14, 2024	222	-17	225.50	1,882	20	1,872.00	1.2
December 21, 2024	219	-3	226.25	1,828	-54	1,861.25	1.2
December 28, 2024	209	-10	222.25	1,871	43	1,860.75	1.2
January 4, 2025	205	-4	213.75	1,850	-21	1,857.75	1.2
January 11, 2025	217	12	212.50	1,888	38	1,859.25	1.2
January 18, 2025	222	5	213.25	1,849	-39	1,864.50	1.2
January 25, 2025	210	-12	213.50	1,874	25	1,865.25	1.2
February 1, 2025	222	12	217.75	1,839	-35	1,862.50	1.2
February 8, 2025	215	-7	217.25	1,861	22	1,855.75	1.2
February 15, 2025	224	9	217.75	1,847	-14	1,855.25	1.2
February 22, 2025	243	19	226.00	1,892	45	1,859.75	1.2
March 1, 2025	224	-19	226.50	1,851	-41	1,862.75	1.2
March 8, 2025	223	-1	228.50	1,881	30	1,867.75	1.2
March 15, 2025	225	2	228.75	1,847	-34	1,867.75	1.2
March 22, 2025	225	0	224.25	1,893	46	1,868.00	1.2
March 29, 2025	219	-6	223.00	1,850	-43	1,867.75	1.2
April 5, 2025	223	4	223.00				

STATE NAME	INITIAL CLAIMS FILED DURING WEEK ENDED MARCH 29					INSURED UNEMPLOYMENT FOR WEEK ENDED MARCH 22						TOTAL INSURED UNEMPLOYMENT
	STATE	CHANGE FROM		UCFE ¹	UCX ¹	STATE	(%) ²	CHANGE FROM		UCFE ¹	UCX ¹	
		LAST WEEK	YEAR AGO					LAST WEEK	YEAR AGO			
Alabama	1,658	-93	-249	10	2	8,325	0.4	-301	-444	17	21	8,363
Alaska	479	-70	-144	0	0	4,935	1.6	-214	-407	67	2	5,004
Arizona	3,258	-519	-213	3	5	24,015	0.8	429	1,897	110	34	24,159
Arkansas	1,512	350	415	0	1	7,016	0.6	70	-2,340	25	9	7,050
California	41,226	335	-1,811	99	80	430,176	2.4	7,448	12,773	1,365	1,073	432,614
Colorado	2,544	-228	86	1	7	31,977	1.1	-444	3,543	179	164	32,320
Connecticut	2,298	-431	159	4	0	29,115	1.7	-1,545	-818	39	48	29,202
Delaware	220	24	51	2	11	5,249	1.1	-163	-284	4	2	5,255
District of Columbia	843	-244	386	38	1	10,928	1.9	-185	5,149	821	4	11,753
Florida	5,587	-27	179	15	31	32,388	0.3	388	-3,532	114	82	32,584
Georgia	4,426	141	914	37	17	30,006	0.6	1,153	1,831	215	69	30,290
Hawaii	1,047	63	-18	7	1	5,431	0.9	138	-711	49	41	5,521
Idaho	1,011	-308	-139	2	1	8,944	1.1	-484	567	95	10	9,049
Illinois	10,240	1,286	777	5	4	122,313	2.1	-5,536	5,535	313	119	122,745
Indiana	2,485	-65	-306	2	2	24,235	0.8	-898	247	32	16	24,283
Iowa	3,049	937	139	7	0	17,496	1.1	-1,399	3,915	12	10	17,518
Kansas	1,245	98	-99	1	0	10,965	0.8	-446	6,019	22	8	10,995
Kentucky	5,258	2,810	3,840	4	0	12,173	0.6	247	3,550	33	42	12,248
Louisiana	1,448	-54	96	3	0	10,902	0.6	-89	-20	30	12	10,944
Maine	616	-32	-16	1	0	8,840	1.4	-21	1,012	31	6	8,877
Maryland	2,422	-130	-891	35	7	25,414	1.0	-393	2,158	218	67	25,699
Massachusetts	4,276	-603	-942	9	9	81,961	2.3	-2,166	1,613	178	65	82,204
Michigan	5,029	-309	-275	4	2	74,221	1.7	-2,144	10,385	111	24	74,356
Minnesota	3,695	-75	-17	6	1	65,652	2.3	-2,181	2,105	96	54	65,802
Mississippi	848	-56	-1	0	0	6,131	0.5	-785	154	51	11	6,193
Missouri	2,892	-330	-190	3	3	19,499	0.7	-121	202	46	21	19,566
Montana	486	-54	26	6	0	8,832	1.8	-587	698	259	10	9,101
Nebraska	559	-272	-10	3	2	6,308	0.6	-557	1,022	13	3	6,324
Nevada	2,279	-133	65	4	1	25,088	1.6	-272	573	96	55	25,239
New Hampshire	370	-79	-42	2	0	4,118	0.6	11	352	15	1	4,134
New Jersey	7,828	-436	-1,789	17	14	110,659	2.6	-3,985	1,515	210	235	111,104
New Mexico	857	-10	131	2	0	10,846	1.3	-88	749	110	23	10,979
New York	15,121	143	1,032	28	20	176,017	1.9	-2,146	-1,137	292	174	176,483
North Carolina	3,189	-230	517	3	4	25,142	0.5	-647	5,250	55	82	25,279
North Dakota	255	-32	10	2	1	5,147	1.2	-230	653	8	3	5,158
Ohio	6,133	404	-95	9	13	59,936	1.1	-2,171	10,691	104	91	60,131
Oklahoma	1,199	-152	49	7	7	10,293	0.6	304	854	35	44	10,372
Oregon	5,041	202	494	4	3	33,552	1.7	-265	6,364	386	42	33,980
Pennsylvania	8,583	-755	-2,828	11	7	100,748	1.7	-4,864	-1,598	287	109	101,144
Puerto Rico	1,076	64	219	6	4	15,173	1.6	2,259	1,046	136	40	15,349
Rhode Island	725	-188	-60	0	0	12,877	2.7	-402	1,449	22	18	12,917
South Carolina	1,771	-115	134	4	4	14,009	0.6	-92	826	29	30	14,068
South Dakota	158	-17	-18	2	0	2,632	0.6	-283	498	25	2	2,659
Tennessee	2,807	-228	188	6	7	15,629	0.5	-133	-1,724	65	31	15,725
Texas	16,704	-765	2,908	44	75	159,597	1.2	13,354	20,454	427	843	160,867
Utah	1,251	-98	60	5	4	13,954	0.8	-340	1,091	145	16	14,115
Vermont	313	19	71	0	0	3,447	1.1	-163	373	1	0	3,448
Virgin Islands	29	7	4	0	0	232	0.6	-16	18	0	0	232
Virginia	2,575	-108	494	25	8	17,625	0.5	-388	2,323	141	62	17,828
Washington	5,505	-156	406	7	22	79,351	2.3	-908	17,065	476	405	80,232
West Virginia	638	-15	-88	0	2	7,595	1.1	-314	-822	27	18	7,640
Wisconsin	4,708	742	-873	6	1	30,469	1.1	-1,418	-799	45	18	30,532
Wyoming	313	-23	0	7	0	2,467	0.9	-75	185	37	2	2,506
Totals	200,085	185	2,736	508	384	2,060,050	1.4	-14,058	122,068	7,719	4,371	2,072,140

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED MARCH 29, 2025

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
KY	+2,810	Layoffs in manufacturing industry.
IL	+1,286	Layoffs in transportation and warehousing, construction, wholesale trade, and retail trade industries.

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
None		

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the [official release page for the UI claims seasonal adjustment factors](#) or contact BLS directly through the [Local Area Unemployment Statistics web contact form](#).

[Weekly Claims Archives](#)
[Weekly Claims Data](#)

U.S. Department of Labor news materials are accessible at <http://www.dol.gov>. The Department's [Reasonable Accommodation Resource Center](#) converts Departmental information and documents into alternative formats, which include Braille and large print. For alternative format requests, please contact the Department at (202) 693-7828 (voice) or (800) 877-8339 (federal relay).

U.S. Department of Labor
Employment and Training Administration
Washington, D.C. 20210
Release Number: USDL 25-478-NAT

Program Contacts:
Lawrence Essien: (202) 693-3087
Media Contact: (202) 693-4676